



Parents have the unique responsibility for the education of their children; they are the first educators or <u>catechists</u>. They teach by their witness of the faith, through their values and attitudes, by their Christian example of love for Christ and his church. When children are baptized, parents accept the responsibility to raise their children in the practice of the faith (National Directory for Catechesis 234-235).

## Dear Parents,

In a special document entitled *Letter to Families*, Pope John Paul II wrote: "Parents are the first and most important educators of their own children, and they also possess a fundamental competence in this area; they are educators because they are parents" (16). You are the first and best role model for your child in these growing years. Your role as parent to love, teach, and lead your child to Jesus is a remarkable and noble vocation. Congratulations and thank you for accepting and honoring this God-given role.

At this particular stage of development, children are strongly influenced by adults and identify with them. They are moving into a larger circle beyond family and need continuing signs of affection, belonging, encouragement and praise. Kindergartners like to do what others do; however, they dislike being compared to other children. They finish self-initiated tasks and take pride in their work, are self motivated and self-sufficient. Children at this age are friendly and outgoing, have a good sense of humor, learn to play in small groups, but still may have difficulty sharing. They need freedom in choosing friends, as they are expanding their social contact to those outside their family. Kindergartners are eager to learn and learn best through active involvement. At this age, they begin to distinguish reality from fantasy and are eager to listen to stories and then retell them in their own words.

## Your Child's Faith Development

Like other stages of development, your kindergartener's faith development is important. Although children at every developmental level have many characteristics in common, each child is unique and will not fit entirely into any model developed. Keep in mind then that your child will come to know and understand the faith at his or her own rate of development. However here are some general points to remember.

## Children at this age:

- ♣ Need parents and family life as a ground for their faith.
- ♦ View size, power, and position as reasons for responding to God, parents, and rules.
- ♣ Need to share in common language and rituals of faith.
- The Can begin to develop a personal relationship with God, especially through prayer.
- Form dispositions toward the world and attitudes toward worship that will last a lifetime.
- P Need continuity and routine to provide order to their world.
- † Focus on images rather than reality.
- ₱ Need help to distinguish imagination from reality.
- P Need assurance that scary wishes do not make bad things come true.
- ♣ View events in isolation.

## How You Can Help Your Child Grow in Faith

Here are several points that will aid you in helping your child grow in his/her faith.

- → Attend and participate in Sunday Mass as a family.
- → Participate in special events with the parish such as the patron saint's feast, holiday customs and blessings.
- → Help your child develop an appreciation for the simple ordinary things in life.
- → Nurture a sense of reverence through informal prayers of praise and thanksgiving such as: Jesus, I Love You; Thank You, God; Sign of the Cross; Prayer before meals
- → Balance your child's activities with quiet times and the opportunity for movement.
- → Give praise for accomplishments.
- → Allow your child to experience your love and care for them as a way to know a loving God faith is more "caught" than "taught."
- → Help your child to discover positive attributes of God through a caring environment at home and Church.
- → Assist your child in developing a sense of responsibility and service to others, by giving him/her simple chores to do.
- → Allow your child to make decisions as a basis for developing a social conscience.
- → Read Scripture stories to your child, presenting the same theme in different ways—retelling of stories. The following are some examples:

Creation –	Annunciation –	Birth of Jesus –
Genesis 1:1-31	Luke 1:26-31	Luke 2:1-20
Finding in the Temple -	Calling of Disciples -	Loaves & Fishes –
Luke 2:41-51	Mark 1:16-20	Mark 6: 31-44
Lord's Prayer –	Good Samaritan –	Grateful Leper –
Luke 11:1-4	Luke 10:25-37	Luke 17:11-19
Jesus and the Children –	Miracle of Jairus Daughter -	Last Supper –
Luke 18:15-17	Mark 5:35-43	Luke 22:14-20
Death of Jesus - Luke 23:33-47	The Easter Story – Luke 24:1-12	

Help your child to become familiar with the following terms:

Advent	Amen	Baptism	Bible	Christmas	Cross	Easter	Holy Family
God	Jesus	Joseph	Last supper	Lent	Mary	Mass	Prayer

Learn all you can about our Catholic beliefs. Obtain a copy of the *United States Catholic Catechism for Adults* (<a href="http://www.usccbpublishing.org/productdetails.cfm?PC=1182">http://www.usccbpublishing.org/productdetails.cfm?PC=1182</a>) and use it as a reference book and adult learning resource. You can also check out the diocesan Christian Formation website <a href="http://richmonddiocese.org/office/christian-formation/">http://richmonddiocese.org/office/christian-formation/</a> for other resources, both online and to order.